

THE ULTIMATE COSMETIC ENHANCEMENT GUIDE

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> LOOK YOUNGER IN MINUTES! The truth about Botox and other injectables...



DR. BRIAN REAGAN

WHY DID YOU BECOME A PLASTIC SURGEON

I enjoy the focus and immediate gratification of surgery. Plastic surgery demands creativity and offers a wide array of challenges. I treat all age groups and operate on all areas of the body **FAVORITE PART OF YOUR JOB** Everyday somebody will say “thank you” for what I do—it makes me feel good **ATTRIBUTES THAT MAKE A DOCTOR SUCCESSFUL** Training, passion, and caring **HOBBIES** Tennis, golf, surfing, supporting the arts, enjoying a good meal with friends **PLACE YOU GO TO ESCAPE THE OFFICE** Anywhere outdoors—we have a great quality of life in San Diego

THE RIGHT FACELIFT FOR YOU

“I don’t just do one type of facelift,” says Dr. Reagan. “During my training, I was able to gain a deep appreciation for a number of different techniques and subtleties.” As a result, he is able to take a variety of approaches to facelifts depending on his patients. “One example of that is the **MALER, OR MIDFACE LIFT**,” he says. “For a younger woman mid-30s, early 40s who hasn’t experienced jowling yet, a full facelift isn’t necessary. Instead, I address the midface area, lifting the cheek to rejuvenate the look.” He uses the same incision as he does for a lower-eyelid lift, so there isn’t any additional cutting. “I don’t perform this surgery on every woman whose eyes I’m working on,” he adds. “However, there are quite a few patients who benefit greatly from the **CHEEKLIFT**.”

INSIDE INFORMATION

an educated approach

“What truly distinguishes one office from the next is the plastic surgeon himself. Make sure your surgeon is well-trained, respected by his peers and treats his patients well,” advises Dr. Brian Reagan.

Dr. Reagan’s qualifications are certainly unique. His experience covers the illustrious training grounds of Cornell Medical College, The New York/Presbyterian Hospital; and the University of Texas Southwestern at Dallas, considered by many to be the top plastic surgery training program in the country. “If you learn from the best of the best, it positively affects how you practice medicine,” he says of his 13 years of rigorous training. Dr. Reagan’s achievements are tangible. His research work conducted during his training garnered him the Residence Basic Science Award through the Committee on Trauma from the American College of Surgeons. He is an author on subjects such as facial rejuvenation, rhinoplasty and breast reconstruction. Dr. Reagan’s practice reflects his commitment to the breadth of plastic and reconstructive surgery. “Each day I am challenged in different ways. I enjoy the variety and I feel it makes me a better surgeon.” His peers agree, for recently they selected him as one of the best plastic surgeons in San Diego (October, *San Diego* magazine). “Other physicians know your work, they see your results and they see how you care for your patients. I am truly honored.” Community service also plays an important role in Dr. Reagan’s life. He is a board member and surgeon for Fresh Start Surgical Gifts, a nonprofit organization that provides care for children and young adults with congenital and acquired deformities. For his efforts, he recently received a “Health Hero” award from the Combined Health Agencies of San Diego. Fresh Start represents the best of human nature—people coming together to help those in need. “When you give of yourself in this way, you get so much more in return,” says Dr. Reagan. 858 362-9076 or newbeauty.com/reagan.

BOARD CERTIFICATION

American Board of Plastic Surgery

MEDICAL SCHOOL

Cornell University Medical College

GENERAL SURGERY RESIDENCY

Cornell University/The New York Hospital

PLASTIC SURGERY RESIDENCY

University of Texas at Southwestern

AFFILIATIONS

American Society of Plastic Surgeons
California Society of Plastic Surgeons
San Diego Plastic Surgery Society

AREAS OF EXPERTISE

Body Contouring
Breast Reconstruction
Facelifts
Malar Lifts
Nasal Surgery

LOCATION

San Diego, California

“When you’re able to connect with your patients, you get to experience a piece of humanity.”

—BRIAN REAGAN, MD